

Colchester Business Association, Inc.

CBA
P.O. Box 453
Colchester, CT 06515

860-537-0340

www.cba.bz

Community Page

March 2007

Next Month's Features

- CBA Member Spotlight
- What the CBA has done for you
- New businesses in town

info@cba.bz

CBA Member Spotlight ...



Grace Couture
860-537-2647

Colchester Jazzercise

60 Main Street
Colchester Federated Church

Grace Couture runs Colchester Jazzercise, a dance fitness company that is part of a 37 year old international program. In Colchester and East Hampton nearly

100 students and five instructors enjoy this exercise. Classes are held *six days a week*. Jazzercise blends aerobics, dance, yoga, Pilates and kick-boxing movements into fun dance routines set to exciting, current music.

A certified instructor, Grace found her inspiration to become the owner after losing 41 lbs in two years of jazzercising. She designs her classes to be safe, effective and suitable for all ages. She is dedicated to helping students receive a full body workout at *their own pace*. She finds people that regularly exercise to be healthier, happier, and more productive.

Try your first class for free! Call Jazzercise!

Get to Know the CBA Board



Rhom Saunders has been a CBA member for four years and a Board Member for two. He helps with general operations, staff selection, and is on the **Membership Retention Committee**.

He participates in the Tag Sale on the Green

and Business Expos. Rhom joined the CBA to find out what local products and services are available, and to meet and support area business owners.

"Being in the CBA is a very enjoyable experience," said Rhom. "I have met a lot of people and built invaluable personal and business relationships."

An Army and Persian Gulf War veteran, Rhom lives with his wife, two children, three dogs, four cats, two mini horses, two mini donkeys, three Scottish Highland cattle, and a bird. *Luckily for him*, he runs a Pet and Livestock Feeds and Needs Express Delivery Service called *PetEx!*

Calendar of Events

April 3, 2007- Monthly Dinner Meeting

Town Hall, 127 Norwich Ave
Social Hour begins at 6 p.m.

Dinner begins at 7 p.m.

Reservations: 860-537-0340

Sponsor: The Wyndham Price Agency

Catering: Family Pizza

RSVP by March 30 • GUESTS WELCOME!

June 10, 2007

26th Annual Tag Sale on the Green!

Early Bird Discount Deadline: April 30th



Business Briefs

- Congratulations **Dental Arts of Colchester** on your second year anniversary! Thanks for participating in National Give Kids a Smile Day to provide free care to children in need.
- **Brenden M. Healy, CPA**, has been asked to serve as *Chair* of the State Taxation Committee for the CT Society of Certified Public Accountant for a second term. This committee serves the public by providing information on state tax issues. Good job, Brenden!
- Congratulations **Montana's Board Sports and More, LLC** on your *first anniversary!* They are sponsoring the Park and Recreation Skateboard Park Helmet program for the second year in a row. Children wearing helmets are eligible for a \$25 gift certificate.
- Becky Cook has been promoted to *Team Manager* at **Tastefully Simple**. Recently she attended Leadership Training in Las Vegas. She offers gourmet convenience foods. Good job, Becky!

Welcome New Members!

Muriel Holroyd, *Coldwell Banker Chelsey Realty*

15 Main Street, East Haddam

(860) 834-6248

Jonah's Closet

16 Jurach Road, Colchester

(860) 537-5835

Heavenly Body Wellness Center and Spa

79C Norwich Ave; Colchester

(860) 537-5334

House Calls Unlimited, LLC

11 Hayward Ave; Colchester

(860) 537-6232

UBS Financial Services, Inc

90 State House Square, 14th Floor - Hartford

(860) 727-1575

Ascending Technologies, LLC

43 Blackman Road, Hebron

(860) 460-5458

Now Online!

Find CBA member businesses ...

www.cba.bz/roster.php



CBA Board of Directors & Staff

President: Greg Barden

Vice President: Jack Faski

Secretary: Ginger Pensa

Treasurer: Lori Dickinson

Clerk: Michele Wyatt

Media Coordinator:

Chi LaBossiere, Chi Consulting LLC

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