

CBA  
P.O. Box 453  
Colchester, CT 06415

**860-537-0340**

www.cba.bz

# CBA

Colchester Business Association

## Community Page

August 2009

### CBA Member Spotlight ...

#### The Bicycle Garage, llc®



**Matt Klucha**  
(860) 537-9746

The Bicycle Garage, llc is a full service bicycle studio in Colchester. There is no waiting in line for services as all customers meet with owner Matt Klucha by appointment only. An avid rider, an engineer, and a racer since age 16, he has been fixing bicycles since childhood. Operating hours are 7 a.m. to 7 p.m.

The Bicycle Garage, llc's services cater to how a bicycle fits the rider. Anything that can be fixed or adjusted on a bike, Matt can do. Customers go to him for tune-ups, tire or cable replacement, gear adjustment, bearings overhaul, frame damage and more. He specializes in fitting and ergonomics and finds that when a bicycle fits a rider properly they get more physical and mental satisfaction from riding, often riding more frequently.

Customers call for an appointment and receive an initial phone conversation. Simple advice is given when needed. Those that make an appointment get a free diagnosis, a quote, and a turn-around time. Customers are beginner to professional riders.

Matt is also the owner of MSH1 Bicycle Works, a company that custom designs and hand builds road and racing bicycles. He moved to Colchester in 1998 and has been satisfying customers with personalized custom service since 1993.

**Call The Bicycle Garage, llc for your bicycle and riding needs today!**



#### Find Businesses Online:

Shop Colchester First!  
www.cba.bz

### CBA Board of Directors & Staff

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Please send comments, suggestions or questions to:

CBA, P.O. Box 453, Colchester, CT 06415 or e-mail: [info@cba.bz](mailto:info@cba.bz)

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### CBA Business Showcase & Food Frenzy Coming Soon!

Get ready for the **7<sup>th</sup> Annual CBA Business Showcase & Food Frenzy!** Scheduled to take place on Tuesday, September 22, from 3:30 p.m. to 7:30 p.m. at the St. Andrew's Church, 128 Norwich Avenue in Colchester, this exciting community event is an evening of fun for all. This year is expected to be bigger and better than ever.



Join us to taste a wide range of free, delicious, regional foods and receive free samples from local businesses. Attendees will products and services that Colchester has to offer them in their own backyards.

Vendors that wish to participate must sign up by September 8<sup>th</sup>. Members pay \$50 and non-members pay \$60. Restaurants that give free food samples receive free booth space.

Come and discover what Colchester has to offer. Remember to always... **Shop Local, Shop Colchester First!** For more information on this event or to register, visit: [www.cba.bz](http://www.cba.bz).

### Scarecrow Contest

Start thinking now about the scene you would like to create for the **10<sup>th</sup> Annual Scarecrow Decorating Contest**, to be held on the Colchester Town Green. The contest features four categories of entries: Individual/Family, Youth Group, Adult Organization, and Business. First and second place winners in each category receive prizes. All entries receive participation prizes.

A special kick-off event will be held Friday Oct. 9. Set-up is Thursday Oct. 8 through Saturday Oct. 10. Display and public voting takes place Oct. 11 through the 25. Businesses have the opportunity to sponsor this event for \$30 each.

For more information, to register, or to see photos of last year's scenes, visit [www.cba.bz](http://www.cba.bz). This event is sponsored by the Colchester Parks and Recreation Department and the CBA.

### Upcoming Events

#### Next Monthly Meeting: Sept. 1, 6-8 p.m.

Cragin Memorial Library, 8 Linwood Avenue  
Caterer: Family Pizza Program: Technology Today  
Sponsor: Northeast Family Federal Credit Union  
Cost: \$15 per person RSVP: 537-0340 by Aug. 28

#### After Hours Networking Event: Sept. 16, 5-7 p.m.

The Sanctuary Center for Health in Amston

#### Business Showcase & Food Frenzy: Sept. 22

St. Andrew's Church, 3:30-7:30p.m.

### Business Briefs

- **Happy Second Anniversary to Copies Plus... More!** The digital print shop offers printing of flyers, business cards, forms, large format printing, and more. Located at 103 South Main Street, they match price quotes. (860) 537-0082
- Congratulations **Traci McComisky** from *Gerhardt Insurance Agency, Inc.*, for successfully completing her ACSR designation. Traci and the Gerhardt team offer a full array of life and health insurance products including general liability, homeowners, personal automobile, group medical plans, and more. (860) 537-4661
- **Culinary Delights of Colchester** is still catering to Colchester and the surrounding areas even though they are now located in Ellington. Their catering is suitable for events of all types. Visit [www.rollingmeadowscountryclub.com](http://www.rollingmeadowscountryclub.com) and click on Event Menu for catering details or call Bob or Charlene at (860)870-0158.
- **Doreen's Dance Center** now offers *adult classes for true beginners* in Contemporary/ Modern, Tap and Belly Dance. They also offer Zumba, which is the latest in cardio exercise, combining Latin Dance moves with a great fitness workout, and teach dance of all styles. Print a coupon for a free trial class at [www.doreensdancecenter.net](http://www.doreensdancecenter.net). (860) 267-7756
- On August 15, 2009, the **Colchester Dental Group** supported 36 riders in the Steeplechase Bike Tour to support Perception Program and WAIM's charitable activities. Staff, patients and friends supported this event for the 7<sup>th</sup> year and won the Corporate/Club fund-raising challenge for the previous three years. (860) 537-2351
- **Bob Vinickas and Prudential Connecticut Realty** thank the community for their part in helping to raise \$250 for the *Sunshine Kids Foundation*. The funds went towards providing positive activities for children with cancer, enabling them to have fun and celebrate life. (860) 537-6699 x574
- **Three River Community College's** Continuing Education Department offers many new career pathway programs in Allied Health, Manufacturing, Sustainable Design and Technology Training. The programs provide entry-level skills and most are WIA funding certified. A free 3 credit course "Introduction to LEAN Process Innovation" is available. Programs start as early as August 28 - seating is limited. [www.trcc.commnet.edu/cont\\_ed](http://www.trcc.commnet.edu/cont_ed) (860) 885-2608